



MOAR NEWS

Massachusetts Organization for Addiction Recovery

Fall 2008

Edition 12



REAL PEOPLE. REAL RECOVERY

JOIN THE VOICES FOR RECOVERY

SEPTEMBER 2008

National Alcohol & Drug Addiction Recovery Month

SEPTEMBER: NATIONAL ALCOHOL AND DRUG ADDICTION RECOVERY MONTH

“Join The Voices for Recovery: Real People; Real Recovery” – 2008 Theme

is sponsored by the United States Department of Health and Human Services (USD/HHS), Substance Abuse Mental Health Administration (SAMHSA), Center for Substance Abuse Treatment (CSAT), MOAR is a CSAT National Alcohol and Drug Addiction Recovery Month Planning Partner. We celebrate the vision of overcoming stigma, discrimination, and other barriers to treatment and recovery support services. We celebrate the hope of recovery for individuals and families who need support. So we join the Voices for Recovery across Massachusetts to make Recovery Month 2008 Celebrations the best ever!

MOAR AND FRIENDS MA 18TH RECOVERY MONTH CELEBRATION DAY TUESDAY, SEPTEMBER 23RD

1000 **Recovery Voices Celebrate and Thank the Policymakers** who are making addiction, prevention, treatment, and recovery a capital investment in Massachusetts!

Recovery Voices Count _ Insurance Parity (equal coverage to that of other covered illnesses) for *Addiction Treatment* will be in effect – July 2009. **You Helped! Thank You to Mental Health Substance Abuse Chair, Rep Balser for Leading The Way!**

MA is Experiencing a Challenging Economy and We Believe Quality Care is an Investment ... So We Educate All to:

- Erase Treatment Waiting Lists and Support Recovery Services
- Improve Services and Policies for Recovery in Criminal Justice System

Some of MOAR Wonderful Recovery Day Speakers

Senate President Therese Murray, Assistant Majority Whip – Senator Steven Tolman, Senate and House Mental Health Committee Co Chairs: Representative Ruth Balser and Senator Gale Candaras, Public Health Commissioner John Auerbach and MA Bureau of Substance Abuse Services Director, Michael Botticelli, Recovery Advocate-Kitty Dukakis, Comedian for Recovery-Steve Sweeney, MHSACM CEO-Vic DiGravio, - Hip Hop Artist-“Sugar” Michelle Jackson, Right Turn for Recovery-Woody Giessmann, Judah Dorrington, LaVerne Saunders, Improbable Players, 3 City Collaborative, Boston Public Health Commission “No Drug Coalitions”, SBIRT Stars, 3 Recovery High Schools, Joanne Peterson- Learn to Cope Parent Support Group...

* **MOAR Individuals and Families in Recovery Present Before Your Eyes!**

* **A Proclamation from Governor Deval Patrick,**

* The MA Bureau Substance Abuse Services **“Stop Smoking Campaign” begins!**

* Panel Discussion: **“Opiate Overdoses in MA: An Innovative Approach to Saving Lives”**

Get MOAR Involved!

Come to Our Recovery Month Event with AdCare Hospital in Worcester, September 28! and Celebrate at our MOAR Annual Meeting in Worcester, December 9th

4th New England Ride for Recovery
September 21
300 celebrate the Value of Recovery

with support from USD/HHS/SAMHSA/CSAT, GBCA, with MHSA spreading recovery from Somerville, MA to Maynard Sports Club! Stephanie Almeida thanked by Maryanne Frangules for her leadership!

18th Recovery Celebration Day
September 23
1000 Rally for Recovery

4th Annual Allston Brighton Rally for Recovery
September 20
300 Trail Blaze for Recovery

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MA Community Coalitions Take Action - Why? Alcohol First Use Age 13 Opioid Overdoses Claim 637 Lives

Age of first use of alcohol rose from 12 years old in 2004 to 13 years old in 2007 according to the Massachusetts Youth Health Survey. That is far from good enough. The MA Department of Public Health (DPH) is providing \$2.8 million per year for three years to 31 cities and towns to support community efforts aimed at preventing underage drinking. Boston Public Health Commission NoDrug Coalitions of Allston-Brighton, Chinatown, Dorchester, South End, South Boston; Chelsea, Cambridge, Somerville, Gloucester, Lynn, Lawrence, Medford, New Bedford, Peabody, Quincy, Springfield, Worcester, Edgatown, Greenfield, Holyoke, Brockton, Plymouth, Fitchburg, Gardner, Leominster, North Adams, Fall River, Milford, Amherst, Danvers, and Watertown.

Deaths caused by heroin and other opioid overdoses, such as Oxycontin, rose by more than 7 percent per year from 2000-06 in Massachusetts. Fully two-thirds of all poisonings reported to DPH during 2006 were the result of opioid overdoses. In April, DPH reported that 637 people died from opioid poisoning in 2006, up from 2005's 544. Thus, \$1.7 million per year for three years will be distributed to 14 community organizations to promote prevention of fatal and non-fatal opioid overdoses. Boston Public Health Commission NoDrug Coalitions of Charlestown Jamaica Plain/Roxbury, South End, and South Boston; Cambridge, Gloucester, Lowell, Lynn, New Bedford, Quincy, Revere, Brockton, Worcester, and Fall River are the recipients!

The funding for both projects was made available to the state by the federal government. Massachusetts Bureau of Substance Abuse Services, also, initiated an Overdose Prevention Project in four communities. The programs offer detox and treatment slots to injection drug users, and provide lifesaving training in the administration of nasal Narcan, an emergency medication that counteracts the effects of an opioid-related overdose. Alex Walley MD-- Boston Medical Center addictions specialist provides the oversight.

"Opiate Overdoses in MA: An Innovative Approach to Saving Lives." Recovery Day afternoon— *the opportunity to experience the how it works and how you can help!*
Where to get NARCAN Support!



**Learn to Cope
Parent Support Group
with Banner
Remembering Sons and
Daughters, Dead from
Overdose....**

Site specialists will provide NARCAN training. MOAR will offer a training provided by Eliza Wheeler, Cambridge Cares About AIDS, Monday, October 4, 6:30 PM, Faulkner Hospital.

AIDS Support Group of Cape Cod
96-98 Bradford Street, Provincetown
Contact: 866-668-6448

428 South Street, Hyannis
Contact: 866-990-2437

Boston Public Health Commission
Mobile Unit—call for locations
Contact: 617-592-7828

CAB Health and Recovery
280 Union Street, Lynn
Contact: 781-592-0243

Cambridge Cares About AIDS
17 Sellers Street, Cambridge
Contact: 617-599-0246

Seven Hills Behavioral Health
1287 Acushnet Avenue,
New Bedford
Contact: 508-996-0546

310 South Main Street, Fall River
Contact: 508-235-1012

Tapestry Health
16 Center Street, Suite 423,
Northampton
Contact: 413-586-0310

39 Mulberry St, lower level,
Springfield
Contact: 413-734-8766

MASSACHUSETTS RECOVERY HIGH SCHOOLS – 2 YEARS LATER

Approximately, 38 students have graduated in total from the Massachusetts Recovery High Schools. More than 70% will go on to college or schools of higher learning. The schools are located in Beverly, Boston, and Springfield. They are designed to meet the needs of high school students who have had a history of substance use disorder and a firm commitment to recovery. The schools require adherence to The Massachusetts Department of Education Frameworks for Education, offer counseling services, and provide a recovery environment with an expectation of after-school support.

Many of the students – some now with 2 or more years of recovery have participated in MOAR sponsored events, such as Recovery Month, as well as, community coalition events. MOAR has viewed the progress of students gained confidence for an opportunity to life in recovery. A parent, Paul Kusiak, speaks for many others, when he notes the value of positive growth into recovery because of the school's existence. Currently, the schools are supported by MA Bureau of Substance Abuse Services, Department of Public Health funds with the expectation of city of residence tuition payment. The latter is an approximate cost from of \$10,000 - \$12, 500 Lack of city payment has led to an approximate 20 potential students, being denied this opportunity.

Note the cost of the annual tuition payment and contrast it to a \$43,000 annual prison cost. MOAR will collaborate with others to make recovery high schools accessible to all in need.

Recovery High School Contact Info

Website: - massrecoveryhs.org

North Shore Recovery High School - Beverly
Director: **Michelle D. Lipinski**
978-922-3305 x1102
mlipinski@nsedu.org

William J. Ostiguy Recovery High School – Boston
Principal: **Roger Oser**
617-348-6070 x7530
oser@bostonabcd.org

(SAFE) Recovery High School – Springfield
Principal: **Mike Ellis**
413-750-2484
ellism@sps.springfield.ma.us



(Top Left) - North Shore Recovery High School Graduation '08
(Bottom Left) - Mayor Domenic Sarno at W MA Recovery Day—
Springfield RHS '08
(Above Right) Three Recovery High Schools—Recovery Day '07

Update: MASBIRT and other SBIRT Projects Screening, Brief Intervention, Referral to Treatment

- 38,000 + Screened in MA Health Care Settings for Alcohol and Drug Use in Past Year
- 6,700 Received a Brief Intervention. Result.....
- 3,205 Were Referred to Specialty Treatment
- Outcome = More People Get Help to Open The Door to Recovery.

MASBIRT: In September 2006 SAMHSA awarded \$2.8 million per year for 5 years to the Massachusetts Department of Public Health Bureau of Substance Abuse Services to implement Screening, Brief Intervention, Referral and Treatment (SBIRT). MASBIRT now provides universal screening, brief intervention, referral to treatment throughout many of Boston Medical Center's services. MASBIRT is working at South Boston Community Health Center, Codman Square Community Medical Center, and Dorchester House Multi Service Center. The project is at an affiliated medical center.

MASBIRT screened its first patients in March, 2007. Since that time:

- 26,961 patients have been screened;
- 6735 received a brief intervention;
- 780 patients were referred for treatment.

MASBIRT's unique telephone-based interactive screening system was launched in August.

Emergency Room SBIRT: BSAS awarded emergency room screening contracts went to: Boston Children's Hospital, St Anne's Hospital, Mercy Medical Center, Athol Memorial Hospital, Heywood Hospital, South Shore Hospital, and Whidden Hospital. Skilled Health Promotion Advocates, often in recovery, facilitate the screenings and treatment referral process.

Since screening started in August, 2007: (Go to next column)

- ◆ 11,294 patients were screened,
- ◆ 3,007 had Brief interventions
- ◆ 2,416 referred for treatment

Community Health Centers: BSAS has facilitated training for 32 community health centers to screen for tobacco, alcohol and drug use, domestic violence and depression, provide brief interventions and/or make referrals, as appropriate, to women of child-bearing age and/or adolescents. Data has not yet been compiled for reporting purposes. All started from Boston Medical Center's Emergency Room Screening Project AS-SERT developed by Ed Bernstein, MD, Boston University. School of Medicine. For more information: Call Carol Girard, 617-624-5189.

Find a Recovery Center Near You!

RECOVER Project, (WMTC)

68 Federal St., Greenfield
Director: Jessica Grasmere, 413-774-5489

P.E.O.P.L.E. Recovery Center (The Psychological Center)

*People Education Opportunities Program
for Learning Experiences,*
11 Union St., Lawrence
Director: Susan McGibbon, 978-688-5767

Southeastern Recovery Engagement Center, (Latino Health Institute)

142 Crescent St., Brockton
Director: Efrain Baez, 508-463-6123

Central MA Recovery Center

484 Main Street, Worcester
Director: Athena Haddon,
508-799-6221 x102

Metrowest Recovery Center

33 Main Street, Marlborough
Director: Angela Dalessio, 508-340-8773

STEPROX

Unique model blending clinical services
with peer support in Roxbury's
Dudley Square
Director: Earl Dandy, 617-442-7837

MOAR Info: James Hiatt, 617-624-5102
DPH BSAS, 617-624-5102

MA Adolescent Stabilization Services

Massachusetts began its first state supported
adolescent detox with assessment and
individual, group, family services in 2006.
Now there are two.

SIX RECOVERY CENTERS COMING YOUR WAY!

The regional peer recovery support centers offer individuals, family members and loved ones in recovery a safe place to experience peer based support. Peers are defined as persons in recovery from alcohol and/or drug addiction and their family members/loved ones, who actively share the recovery experience to help mentor, guide and support others. The centers are places to both give and receive support. Peer-led, peer-driven services and activities are at the core of the centers, allowing participants to learn new skills, to mentor others and help maintain ongoing recovery. The centers are intended to build a community supportive of persons in recovery and replace stigma associated with addiction through the experience of "real" recovery. At a minimum, activities and services will be designed *for* and *by* people in recovery. Essentially, it is people in recovery helping people in recovery in a positive environment. MA Bureau of Substance Abuse Service, Department of Public Health funds the centers.

BSAS Clinical Stabilization Services – A Step to End *The Spin Dry Detox Cycle*

Everyone knows that 3 to 5 days of detox for medical withdrawal for addiction is not enough to help a person stabilize into the next phase for recovery. There's hope for positive change!

Thus, MA Bureau of Substance Abuse Services has funded
6 "CSS" Clinical Stabilization Services

to provide quality care with appropriate length of stay, assessment, and referral.

Locations:

- Spectrum Health Systems, 30 beds in Weymouth
- CAB Health and Recovery Center, 15 beds in Danvers
- Victory Program's *Joelynn's Family Program*, 25 beds (women with infants) in Boston
- HighPoint, 30 beds in Brockton
- Community Health Link's *Passages Program*, 30 beds in Worcester
- Behavioral Health Network, *The Hope Center*, 30 beds in Springfield

MYR (Motivating Youth to Recovery)

Community Healthlink, Worcester
508-860-1244

CASTLE

(Clean And Sober Teens Living Empowered)
HighPoint Treatment Center Brockton,
508- 436-2001

More Info on Youth Services

Contact: Maggie Giles,
Director of Youth Services
Institute for Health & Recovery
617-661-3991 x116

MOAR

Massachusetts Organization for Addiction Recovery *Speaking up for Recovery*

Most Photographs: Michael Keegan, www.KeeganPhoto.com



Senate President
Therese Murray,

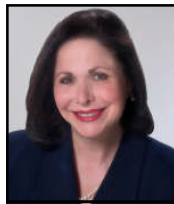


Famous
Recovery Day
Sponsor
Every Day!



(above) **Senator Tolman** at Allston
Brighton Rally for Recovery, Taking
Time to Listen and Take Action.....
Community Honors Him in 2008!

(below) Mental Health and Substance Abuse
Committee Co- Chairs, Senator Gale Candaras
and Representative Ruth Balsler.
>>>Chair Balsler championed **Mental Health and
Addiction Treatment Insurance Parity..**
Improved Insurance Coverage goes into effect—
July 2009! Thank You Both!



(below left) **Kitty Dukakis**,
Recovery Advocate
(below right) **Kattie Portis**,
City of Boston

Substance Abuse Policy Advisor
Both "**Visible, Vocal, Valuable**"



(above) **Rep. Liz Malia**,
strong ally for recovery



(above) Lining Up for
**Fabulous Motorcycle Ride
for Recovery!**

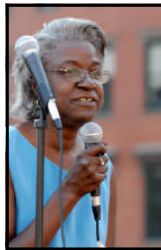
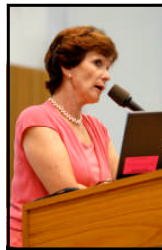
(below left) **Michael Botticelli**, MA BSAS,
Director, Single State Agency National
Recipient for Strong Support of Recovery
Month, Services, and Policies!



Paul Kusiak, (right) MOAR Advocate,
speaking up for families and recovery!



Chris Everett, Improbable Play-
ers, MA Delegate for Brooklyn
Bridge Walk for Recovery. Each
state sent a delegate!



Michelle Jackson,
"Sugar" - starred at
our Recovery Month
Hip Hop Event with
support from
Right Turn's
Woody Giessmann!



MOAR Supports
Faces and Voices
of Recovery
"Recovery
Bill of Rights!"



MOAR Joins
Faces and Voices of Recovery
RECOVERY VOICES COUNT
Campaign

Region with Most New Registered
Voters Gets "The Prize"
at our December 9th
Annual Holiday Membership Meeting



MOAR
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30 Winter Street
Boston, MA 02108